



Lunch Program Order Form

Please select the hot meals you would like for your child(ren). Please indicate whether small, large or family portion for each meal. Each meal will include a side dish, fresh fruits and vegetables as well as 250ml white or chocolate milk. (Orange juice is available for dairy sensitive children.)

S – Small portion

L – Large Portion

F – Family Rate (use children’s initials beside each meal if more than one child)

Deadline Friday September 11, 2015

Family Name _____

Date	Meal	Choice	Date	Meal	Choice
Sept 14	Hamburger or hot dog lunch		Sept 15	Mac and cheese	
Sept 16	Pulled Pork		Sept 17	Quiche (cheese)	
Sept 18	Pepperoni Pizza		Sept 21	Butter Parmesan Pasta	
Sept 22	Chicken and rice bake		Sept 23	Breakfast for Lunch	
Sept 24	Meatballs		Sept 25	BLT	
Sept 28	Chicken fried rice		Sept 29	Sausage penne pasta	
Sept 30	Enchiladas (beef or chicken)		Oct 1	Grilled cheese with ham and soup	
Oct 2	Pepperoni Pizza		Oct 5	Taco wrap	
Oct 6	Lasagna		Oct 7	Sweet and sour chicken	
Oct 8	Tuna or cheese melt		Oct 9	Hot dog (or pogo)	
Oct 13	Chicken Caesar wrap		Oct 14	Mac and cheese	
Oct 15	Pork chops		Oct 16	Pepperoni pizza	
Oct 19	Meatballs		Oct 20	Butter Parmesan Pasta	
Oct 21	Chicken rice bake		Oct 26	Breakfast casserole	
Oct 27	Sausage Penne pasta		Oct 28	Enchilada (beef or chicken)	
Oct 29	Grilled cheese with ham and soup		Oct 30	Pepperoni pizza	
Nov 2	Taco wrap (variety of toppings to choose)		Nov 3	Lasagna	
Nov 4	Sweet and sour chicken		Nov 5	Tuna or cheese melt	

Nov 6	Hot dog or pogo		Nov 9	Chicken Caesar wrap	
Nov 10	Mac and cheese		Nov 11	Pork and rice	
Nov 12	Quiche (cheese)		Nov 13	Pepperoni pizza	
Nov 16	Meatballs		Nov 17	Butter Parmesan Pasta	
Nov 18	Chicken and rice bake		Nov 19	Breakfast for lunch	
Nov 23	Chicken fried rice		Nov 24	Sausage penne pasta	
Nov 25	Enchilada (beef or chicken)		Nov 26	Grilled cheese with ham and soup	
Nov 27	Pepperoni Pizza		Nov 30	Taco wrap	
Dec 1	Lasagna		Dec 2	Sweet and sour chicken	
Dec 3	Tuna or cheese melt		Dec 4	Pogo or hot dog	
Dec 7	Chicken Caesar wrap		Dec 8	Mac and cheese	
Dec 9	Pulled Pork		Dec 10	Quiche (cheese)	
Dec 11	Pepperoni pizza		Dec 14	BLT	
Dec 15	Butter Parmesan Pasta		Dec 16	Meatballs	
Dec 17	Turkey dinner				

_____ X \$4.25 small Portion = _____
 _____ X \$5.25 large Portion = _____
 _____ X \$11.00 Family Rate = _____

Please list all allergies / sensitivities

Total \$ _____

Family Name: _____

Name(s) and grade(s) of children included in the meal program _____
