

A GLANCE AHEAD! April 2012

uring our times together in Chapel, we have continued the theme God wants to show himself mighty. This has been on my heart for some time now as God in different circumstances has been showing this to be true in my life. The God who created Heaven and earth, who has saved us from our sins, does great and mighty things every day and both our lives and history are full of examples. May our hearts and eyes be opened to God's power and greatness and may it encourage us to worship Him!

After the death of Moses, Joshua was given the leadership responsibility to lead the Israelites into the Promised Land. The Israelites needed to conquer the land as it was inhabited by their enemies. God was going to lead His people to great victory and teach them a great lesson about His greatness and might.

By the sword of the Israelites and large hailstones from Heaven, not one of their enemies were able to stand against them - just as God had promised (Joshua 10:8). The day was coming to an end and the battle was not yet over so Joshua spoke to the Lord in the sight of Israel and requested that the sun would stand still at Gibeon and the moon in the valley of Aijalon. Joshua was inviting the Lord to show Himself great and mighty and prolong the day. Then we read these incredible words.

So the sun stood still, and the moon stopped, until the nation avenged themselves of their enemies.

Joshua 10:13

May our hearts be encouraged as we are reminded that we serve the same God that Joshua served. Let's continue to be in prayer inviting the Lord to show Himself mighty in our lives as we serve Him!

Registration

Please continue to spread the word to friends, family and church members that registration is now open for the upcoming 2012-2013 school year. If you know families interested in CCA, please direct them to our office – thank you!

Assemblies

We welcome all families to come and watch our assemblies!

Wednesday, April 4th at 2:30 p.m.

Easter Worship Assembly

Thursday, April 12th at 2:30 p.m.

The grade 7's are participating in a drama performance on a Yiddish Folktale called *Things Could Always be Worse.*



Choir

Our Choir will be visiting Calvary Pentecostal Church in Carleton Place on Sunday April 15th from 10:30 -11:30 am. For further information, please contact Ms. Martel.

Earth Day

We will be participating in Earth Day on Monday April 20th. Earth Day is a day that is intended to bring awareness and appreciation for Earth's natural environment. Students will be participating in cleanup at and around CCA.



Enrichment - Lego Robotics

A reminder for the families that registered that Lego Robotics continues this month. The dates are given below.

- Grades 5 8 begins on Thursday and runs on the following dates: Thursday March 29, April 5, 12, 19 and 26.
- Grades 2 4 begins on Friday March 30 and then the following 4 Wednesdays, April 4, 11, 18 and 25.

We are pleased to have Mr. Ian Dudley back to teach our children. Ian is Ottawa's leader in LEGO education; he teaches engineering, technology, mechanics and robotics using all kinds of LEGO including Mindstorms NXT. Ian is a mechanical engineering technologist with ten years of experience developing and leading LEGO classes, workshops, competitions and parties.

Field Trips

Monday, April 2nd

Grades JK - 8 In-school activity day from 1:30 - 3:20 pm. Please dress for outside fun!

Monday April, 23rd

Grades JK - 5

Students are going to participate in outdoor education learning in the CCA Woods. Mrs. Weldon will be leading this learning opportunity.



Wednesday, April, 25th

Grades 7 and 8

Students in grade 7 and 8 are going to travel to Redeemer Christian School to watch their spring drama production Little Women. The play will begin at 10:30 am and will finish at 1:30 pm.

Thursday April, 26th

Pre-school and

Students are going to participate in outdoor education learning in the CCA Woods. Mrs. Weldon will be leading this learning opportunity.

Grades 6-8

Grandparents Day

We are looking forward to hosting our Grandparents on Wednesday May 9^{th} . Please let your grandparents know so they can mark it on their calendar.

Heritage Fair

The Heritage Fair at CCA is always a great opportunity for students to explore an aspect of true Canadiana. This year the Heritage Fair is optional for students in grades 4-8 to participate.

The Heritage Fair will be held on the morning of Tuesday April 24th. For students that participate, the afternoon will be devoted entirely to true Canadian FUN! For more information, please contact Mrs. Chapman kchapman@calvaryca.com



Holidays

Friday, April 6th Good Friday

Monday, April 9th Easter Monday

Mid Semester Report Cards

Mid Semester Report Cards will be going home with students during the week of April the 25th.

No Bus Days

 $\underline{\textit{Wednesday}, \textit{April 4}^{\textit{th}}}$ Parents are encouraged to participate in our Easter Assembly at 2:30 pm.

Praise and Prayer Night

April 25th @ 7:00 pm

Each family is invited to come and pray together. We will be focusing on the school's needs and giving thanksgiving for the Lord's continuous provision.

Speeches

Congratulations to Madison Reid in finishing first in the Carleton Place and area public speech contest. Madison then moved on to compete in Iroquois in the Eastern Ontario public speech competition and finished 2nd. Well done Madison!

Madison's speech was on smiles; the first smile, the different types of smiles, and the health benefits of smiles.

Science Fair

Our Science Fair last month was a great success. All of our students worked hard to demonstrate what they learned from their projects. The variety was amazing. Again, a special thank-you to our judges that volunteered their time to contribute to this day.

The projects were judged all day long and the judges agreed that there were many interesting and diverse topics presented. Each student worked very hard and it was apparent to all the judges. After much consideration the judges would like to highlight the projects that they felt deserved recognition for their

scientific contribution to the CCA Science Fair:

Lightning by Kaitlin Law and Hannah Van Hofwegan Slow Sand Water Filter by Genevieve Theberge Vinegar and Baking Soda Reaction by Stefanie Kwok The Mega Pixel by Andrew Young

Domes by Zack Anderson Fuel for Spud Gun by Cassidy Jessome Earthquakes by Matthew Walker Desalination by Nikolas Kouloufakos

Handwashing by Sawyer Wills and Ryan Flemming I'm Not Eating That by Tori Wood

Guinea Pig Maze by Dylan O'Brien Moving Ice by Brendan and Thomas Greer Warmth by Colour by Kristen Hogan



Sports

Many of our boys and girls participated in the Lanark County basketball tournaments last month. We want to congratulate all of our students for representing CCA so well by demonstrating hard work, team work and fair play. We would also like to thank our coaches for volunteering their time and ensuring our students had a positive experience. Below is a highlight of our students' accomplishments.

- Our Junior girls were short players due to travel and health but played with so much heart and with big smiles. Way to go girls!
- Congratulations to our Junior boys in winning the LDESAA tournament beating North Elmsley in the finals 12-2.
- Congratulations to our Sr. Girls for competing so well in the large schools tournament and winning a silver medal!



• Congratulations to our two Sr. Boys teams for competing so well. The Sr. Boys finished the tournament in a rather odd final to a tournament (power went out and the game was resumed a week later) as silver medalists.

Where's Frankown? 15km, 10km, 5km and 1km family fun run/walk

Well, it is that time again! Time to get training with your son or daughter....time to revisit modeling healthy lifestyles to our children...whether we walk, jog, or run our children will benefit!

Get active, get going,

Come run with us!

CCA's 8th annual "Where's Franktown?" Run

Saturday, May 12th

We've been told that many of our CCA children average over 4 hours a day of screen time. According to Canadian Physical Activity Guidelines, our children aged 5-17 should "accumulate at least 60 minutes of moderate to vigorous intensity physical activity daily"* (see below for more details)

As parents we are competing against the screens. "Where's Franktown?" is just one of numerous ways we can partake in physical activity with our children. Please chat with your children and consider now if you will be joining us this year. We hope you do....every child seems to cross the finish line feeling pretty good about themselves!

You can register for this year's run by completing a registration form and dropping it off at CCA or you can register online.

THREE GOOD REASONS to REGISTER ONLINE:



- 1. It's easy! Just go to either of the online registration sites www.events.runningroom.com or www.eventsonline.ca/events and complete the necessary information, use your credit card and you will receive a confirmation immediately.
- 2. On line pledging will be available this year, but only if you register online. This will make it so much easier to collect pledges from friends and relatives who live out of town.

- 3. Online registrations get noticed by prospective runners who may be looking for a good race in May. Having many people sign-up online encourages prospective runners that our run will be well attended.
- 50 Our recommendation is to register at least one of your children online

At the time of printing this, the online pledging is not yet up and running on the Running Room website, so please stay tuned and we will update you. In the meantime, you can manually register all but one child if you would like, as well as yourselves.

PUBLICITY and SPONSORS - help needed

Later this week we will send you a little publicity package and encourage you to begin to share with your friends and neighbours and use Twitter and Facebook to help promote our race!

We are in need of sponsors for our run. Sponsorships range from \$500/km to \$5000 for the 5km or 10 km runs. We will promote and thank sponsors every way possible.

Please email if you have any questions or ideas.

For now, our goal is to get registered and get training!

Thank you,

Chris Froggatt
Race Director
cmfroggatt@gmail.com/



*and... children should have vigorous-intensity activities at least 3 days per week, and activities that strengthen muscle and bone at least 3 days per week. More physical activity provides greater health benefits. Adults aged 18-64 years should accumulate at least 150 minutes of moderate to vigorous intensity aerobic physical activity per week. (from CSEP: Canadian Society of Exercise Physiologists)

Please visit http://calvaryca.com/events/franktown/ for more information.

Have a great month!

Tom Bourne Principal