



### Lunch Program Order Form

Please select the hot meals you would like for your child(ren). Please indicate whether small, large or family portion for each meal. Each meal will include a side dish, fresh fruits and vegetables as well as 250ml white or chocolate milk. (Orange juice is available for dairy sensitive children.)

S – Small portion

L – Large Portion

F – Family Rate (use children’s initials beside each meal if more than one child)

**Deadline Friday September 9, 2016**

**Family Name** \_\_\_\_\_

Date	Meal	Choice	Date	Meal	Choice
M Sept 12	Chicken caesar wrap		Tu Sept 13	Mac and cheese with ham	
W Sept 14	Pulled pork		Th Sept 15	Cheese Quiche	
F Sept 16	Pepperoni Pizza		M Sept 19	BLT sandwich	
Tu Sept 20	Spaghetti with meat sauce		W Sept 21	Chicken enchilada (chicken, cheese, salsa)	
Th Sept 22	Hamburger soup with biscuit		F Sept 23	Pepperoni pizza	
M Sept 26	Chicken pot pie		Tu Sept 27	Breakfast sandwich (egg and ham)	
W Sept 28	Chicken strips		Th Sept 29	Grilled cheese with ham	
F Sept 30	Pepperoni Pizza		M Oct 3	Taco wrap (beef, cheese, lettuce) optional salsa and sourcream	
Tu Oct 4	Lasagna		W Oct 5	Sweet and sour chicken	
Th Oct 6	Tuna melt (option plain cheese melt)		F Oct 7	Pepperoni pizza	
M Oct 10	Kid friendly chili (TRY IT)		Tu Oct 11	Stir fry with rice	
W Oct 12	Hearty chicken noodle soup with roll		Th Oct 13	Mild Italian sausage with pasta	
F Oct 14	Pepperoni pizza		M Oct 17	Chicken Caesar wrap	
Tu Oct 18	Mac and cheese with ham		W Oct 19	Pulled pork	
M Oct 24	BLT sandwich		Tu Oct 25	Spaghetti	
W Oct 26	Chicken enchilada		Th Oct 27	Hamburger soup with biscuit	
F Oct 28	Pepperoni pizza		M Oct 31	Chicken pot pie	
Tue Nov 1	Breakfast sandwich (egg and ham)		W Nov 2	Chicken strips	

Th Nov 3	Grilled cheese with ham		F Nov 4	Pepperoni pizza	
M Nov 7	Taco wrap (beef, cheese, lettuce) optional salsa and sour cream		Tu Nov 8	Lasagna	
W Nov 9	Sweet and sour chicken		Th Nov 10	Tuna Melt (cheese melt option)	
F Nov 11	Pepperoni pizza		M Nov 14	Kid friendly chili	
Tu Nov 15	Stir fry with rice		W Nov 16	Hearty chicken noodle soup with roll	
Th Nov 17	Mild Italian sausage with pasta		M Nov 21	Chicken Caesar wrap	
Tu Nov 22	Mac and cheese with ham		W Nov 23	Pulled pork	
Th Nov 24	Cheese quiche		M Nov 28	BLT sandwich	
Tu Nov 29	Spaghetti		W Nov 30	Chicken enchilada	
Th Dec 1	Hamburger soup with biscuit		F Dec 2	Pepperoni pizza	
M Dec 5	Chicken pot pie		Tu Dec 6	Breakfast sandwich (ham and egg)	
W Dec 7	Chicken strips		Th Dec 8	Grilled cheese with ham	
F Dec 9	Pepperoni pizza		M Dec 12	Taco wrap (beef, cheese, lettuce) salsa and sour cream optional	
Tu Dec 13	Lasagna		W Dec 14	Sweet and sour chicken	
Th Dec 15	Tuna melt (cheese melt option)		F Dec 16	Pepperoni pizza	
M Dec 19	Kid friendly chili		T Dec 20	Stir fry	
W Dec 21	Hearty Chicken noodle soup with roll		Th Dec 22	Turkey Dinner with all the fixins!	

\_\_\_\_\_ X \$4.50 small Portion = \_\_\_\_\_  
 \_\_\_\_\_ X \$5.25 large Portion = \_\_\_\_\_  
 \_\_\_\_\_ X \$11.00 Family Rate = \_\_\_\_\_

Please list all allergies / sensitivities

Total \$ \_\_\_\_\_

Family Name: \_\_\_\_\_

Name(s) and grade(s) of children included in the meal program \_\_\_\_\_

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