



Where's Franktown?

15KM, 10KM, 5KM AND 1KM FAMILY FUN RUN/WALK

This year marks the Academy's 17th year hosting the run to promote health through physical activity and raise financial support for the Academy. The 2021 run will be different due to provincial restrictions in place, and we are excited to be hosting a modified virtual Where's Franktown Run, for the whole month of May. We are encouraging our community to get out and run with us as a school, with a combined goal of virtually running across Canada – 8000kms!

So get on your treadmill or get outside, and start running or walking. Keep track of your total distance and let your teacher know. WE CAN DO IT!

Participant's Name: _____



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	April 26	April 27	April 28	April 29	April 30	May 1
May 2	May 3	May 4	May 5	May 6	May 7	May 8
May 9	May 10	May 11	May 12	May 13	May 14	May 15
May 16	May 17	May 18	May 19	May 20	May 21	May 22
May 23	May 24	May 25	May 26	May 27	May 28	May 29

Total Distance Ran - _____